



THE UNIVERSITY OF THE THIRD AGE

Abergele & District

Registered Charity No. 1039462

March 2025

PROGRAMME OF ACTIVITIES

Day	Interest Group	Venue	Time	Frequency
Monday	Art & Artistic Crafts	Old People's Club	9:30-12:00	Weekly 1 st , 3 rd , 5 th 1 st 2 nd
	Strollers	See overleaf	13:45-16:15	
	Music Appreciation Poetry Appreciation	Abergele Golf Club Abergele Golf Club	13:30-15:30	
Tuesday	Reading History	Abergele Library	10:30-12:00	4 th 3 rd
		Abergele Golf Club	14:00-16:00	
Wednesday	Bridge Scrabble Croquet	Abergele Golf Club	10:00-12:00	Weekly Weekly Resumes April '25
		Abergele Golf Club	10:00-12:00	
		Llanfairfechan Croquet Club	14:00-16:00	
Thursday	Walkers Strings 'n Things	See overleaf	10:00-12:00	2 nd Weekly
		Hafod y Parc		
Friday	Open Meeting Games 'n Things	Old People's Club	14:00-16:00	1 st 2 nd
		Old People's Club	14:00-16:00	

Please note some classes have waiting lists so to avoid disappointment please contact the Group Coordinators below before attending.

Group Coordinators

Art & Artistic Crafts	Caryl Jones	07794 233058	Bridge & Scrabble	Dawn Houghton	07884 583869
Strings'n Things	Glynis Degney	07967 928127	Strollers	Jean Spencer Pam Chester	07969 427598 07854 840929
Croquet	John Tristram	07776 225234	Poetry Appreciation	Jane Cartlidge	janiepad@icloud.com
Music Appreciation	Gordon Preston	01745 824811	Walkers	Derek Williams	07778 591626
History	Janet Hazlewood	07572 541247	Reading	Christine Bennett	01745 832005
Games'n Things	Sue Ford	07745 356629			

Please would all Group Coordinators ensure that they have an ICE (In Case of Emergencies) number for each member of their group

Groups to organise refreshments at Open Meetings

2025 April - History	May – Bridge & Scrabble	June - AGM - Croquet
July - Walkers	August – No Meeting	September – Strings 'n Things
October – Art & Artistic Crafts	November - Strollers	December - Committee
2025 January – Music & Poetry	February - Reading	March – Games 'n Things

Our website address is <https://abergele.u3asite.uk/>

email address is abergeleu3acontact@gmail.com

MONTHLY NOTICES

SPEAKERS – 2pm Old People's Club

7 March – Lynn Williams – Uganda, Pearl of Africa

4 April – TBC-please note change of AGM

2 May – 80 year since end of WW2 celebration.

6 June - AGM

STROLLERS

3 March – Pensarn to Llanddulas. Park at gate past Castle Cove Caravan Site, Pensarn.

17 March – Park at Llandudno West Shore. Walk over Haulfre Gardens.

31 March – Talacre Beach.

Further details from Jean Spencer – 07969 427598 or Pam Chester – 07854 840929

WALKERS

13 March – 6 mile walk following forestry tracks past an ancient Church, an Elizabethan bowling green and abandoned mines. Meet at Glasdir Car Park, Plas yn Dre, Llanrwst LL26 0DF at 10 am.

Further details from Derek Williams on 07778 591626

Current u3a Committee

Chair	Eleri Tristram	07796 594266	u3aabergelechair@gmail.com
Vice Chair	Janet Hazlewood	07572 541247	janet@hazlewood.org.uk
Treasurer	Glynis Degney	07967 928127	g.deg@outlook.com
Minute Secretary	Julia Wills	07912 039514	juliaw.choir@gmail.com
Membership Secretary	Lynn Williams	07748 438665	u3aabergelemembership@gmail.com
Website/Calendar/Media/PR	John Tristram	07776 225234	abergeleu3acontact@gmail.com
Room Booking	Sue Ford	07745 356629	fordroy118@gmail.com
Speaker Secretary	Sue Ford	07745 356629	fordroy118@gmail.com