



THE UNIVERSITY OF THE THIRD AGE

Abergele & District

Registered Charity No. 1039462

March 2026

PROGRAMME OF ACTIVITIES

Day	Interest Group	Venue	Time	Frequency
Monday	Art & Artistic Crafts	Old People's Club	9:30-12:00	Weekly
	Strollers	See overleaf		1 st , 3 rd , 5 th week
	Music Appreciation	Abergele Golf Club	13:45-16:15	1 st week
	Poetry Appreciation	Abergele Golf Club	13:30-15:30	2 nd week
Tuesday	Reading	Abergele Library	10:30-12:00	4 th week
	History	Abergele Golf Club	14:00-16:00	3 rd week
Wednesday	Bridge	Abergele Golf Club	10:00-12:00	Weekly
	Scrabble	Abergele Golf Club	10:00-12:00	Weekly
	Croquet	Llanfairfechan Croquet Club	14:00-16:00	Resumes in April
Thursday	Walkers	See overleaf		2 nd week
	Strings 'n Things	Hafod y Parc	10:00-12:00	Weekly
	Family History	Abergele Golf Club	14:00-16:00	3 rd week
Friday	Open Meeting	Old People's Club	14:00-16:00	1 st week

Please note some classes have waiting lists so to avoid disappointment please contact the Group Coordinators below before attending.

Group Coordinators

Art & Artistic Crafts	Caryl Jones	07794 233058	Bridge & Scrabble	Dawn Houghton	07884 583869
Strings'n Things	Glynis Degney	07967 928127	Strollers	Jean Spencer Pam Chester	07969 427598 07854 840929
Croquet	John Tristram	07776 225234	Poetry Appreciation	Jane Cartlidge	janiepad@icloud.com
Music Appreciation	Gordon Preston	01745 824811	Walkers	Derek Williams	07778 591626
History	Janet Hazlewood	07572 541247	Reading	Christine Bennett	01745 832005
Family History	Jane Fairley	01745 823365			

Please would all Group Coordinators ensure that they have an ICE (In Case of Emergencies) number for each member of their group

Groups to organise refreshments at Open Meetings

2026 – January - Committee	February - Reading	March – Croquet
April - Walkers	May – Strings & Things	June – Poetry/Music
July – History / Family History	August – No Meeting	September – Bridge & Scrabble
October – Art & Artistic Crafts	November – Strollers	December - Reading

Our website address is <https://abergele.u3asite.uk/>

email address is abergeleu3acontact@gmail.com

MONTHLY NOTICES

SPEAKERS – 2pm Old People’s Club

6 March – Happy Faces Charity

6 April – Membership sign up. Games and quiz. Easter treats.

1 May - AGM

STROLLERS

2 March – Llandudno West Shore, Haulfre Gardens

16 March – Pensarn to Llanddulas

30 March – Rhuddlan Nature Reserve - Castle

Further details from Jean Spencer – 07969 427598 or Pam Chester – 07854 840929

WALKERS

12 March -

Further details from Derek Williams on 07778 591626

Current u3a Committee

Chair	Eleri Tristram	07796 594266	u3aabergelechair@gmail.com
Vice Chair	Geoff Skellon	07919 388694	gskellon@aol.com
Treasurer	Janet Hazlewood	07572 541247	janet@hazlewood.org.uk
Minute Secretary	Anne Hughes	07867 933319	anneandt@btinternet.com
Membership Secretary	Lynn Williams	07748 438665	u3aabergelemembership@gmail.com
Media & Calendar	John Tristram	07776 225234	abergeleu3acontact@gmail.com
Room Booking	Denise Williamson	07745 955817	denmarwill@btinternet.com
Speaker Secretary	Sue Ford	07745 356629	fordroy118@gmail.com